|  |
| --- |
| Write your name LARGE this way up.jpg |
|

|  |  |
| --- | --- |
| Your trainer’s name is:. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .  |  |
| **Rules of Engagement!*** Your mind is like a parachute – it only works when it’s open
* Be curious! Focus on ‘How can I use this?’
* There are no right or wrong questions – just the ones you don’t ask
* Have fun, and contribute when you can
* Be present, keep your phone off – there will be breaks
 |

 |
| This side down |
|  |